THE INCLUSIVE NEST

Healing Nest Foundation

Integrated Care for Child Development & Mental Health

Healing Nest Foundation Newsletter Aug'2026

About Healing Nest Foundation

Healing Nest Foundation is a mental health and wellbeing organisation committed to building inclusive, compassionate and empowering communities. Since 2014, we have been working across mental health, early intervention, therapy, inclusive education and community wellbeing, with a strong focus on children with neurodiverse needs.

Through initiatives such as Titli Project and Hands of Dignity, we create opportunities for individuals to learn, participate, contribute and thrive. Our work extends beyond intervention—to creating greater awareness, psychological safety, dignity and inclusion for individuals, families and communities.

We believe wellbeing is not simply about healing; it is about creating spaces where every individual feels seen, valued, empowered and included

- Director, Healing Nest Foundation



What We Do

01 **Developmental & Mental Health Services**
Supporting early development, emotional wellbeing and psychological resilience through holistic, evidence-informed care.

02 **Titli Project**
An inclusive space where every child is supported to learn, grow, participate and discover their potential.

03 **Hands of Dignity**
Turning creativity into opportunity, and every pair of hands into a source of pride, participation and possibility.

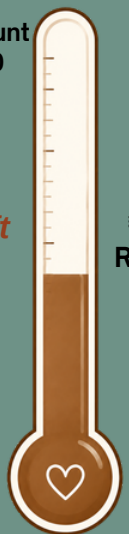


The Need

Every child deserves a space where they can learn, belong and thrive. At Titli Project, we are working towards building two dedicated classrooms to create a safer, more supportive learning environment for our children. Help us turn four walls into a space filled with possibilities.

Target Amount ₹5,00,000

Days left 222



₹ 2,22,285 Raised so far

@Healing Nest Foundation

Community in Motion



🎨 Hands of Dignity — Creating with Purpose

Our handcrafted creations took centre stage at **Hands of Dignity** stalls at **Barclays** and **Krystelis** offices, bringing creativity and inclusion together while creating meaningful opportunities for the Titli Project.



🇮🇳 Independence Day — Celebrating Freedom

A day of patriotism, participation and learning, with children coming together through creative activities, celebrations and experiences that helped them understand the spirit of Independence.



🪢 Rakhi Celebration — Tying Bonds

A joyful celebration of connection, friendship and belonging, where children came together to celebrate Rakhi, share the spirit of togetherness and create meaningful memories.

Impact Wheel



"There is more we can do, more lives we can touch, and more possibilities we can create-together. Join us in the journey."



Partner with us

- ***Build a Classroom*** — Build **2 dedicated classrooms** at Titli Project for **20+ students** each per session.
- ***Sponsor a Child*** — **₹5,000/month** for food, transportation, uniform and educational resources.
- *Enable Learning* — Support therapy equipment, learning materials and essential resources.
- *Support Hands of Dignity* — Host a **CSR stall** or support handcrafted products.
- *CSR Partnerships* — Lead **community-service initiatives** or build long-term, measurable CSR programmes.
- *In-Kind Support* — **Contribute** materials, services, equipment or resources.
- *Volunteer With Us* — Join **high-impact volunteering** and community activities.

REACH OUT TO US

📍 Healing Nest Foundation, Above CDR Public School, Vasant Kunj, sector A, pocket C

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